

Tal ~ Tara Eshed

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2020





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**A Portrait (FullMoon)**

Dive In... The OUTDOOR Performance (Miami Beach), 2017

Tal Eshed born in Tel Aviv, Israel 1976. Studied photography and interior design at the SVA New York. B.F.A Graduate at Bezalel academy majored in photography and video art. M.A in art therapy, Lesly collage (the Israeli extension). Worked with Rosenfeld Gallery – Tel Aviv, was represented by Tanja Grunert gallery, New York City. Currently represented by Sari Golan (The Triangle Art).

She works with materials such as the human body, nature and enigmatic surrealistic images, as she strives to study philosophical and spiritual issues involving the delicate relations between all creation. Her travels and personal philosophy are reflected in her art. Eshed's work deals with the connections between art and spirituality in a conscious way. She works in different dimensions simultaneously bringing up inner dialogues and raising questions about the mystery of creation. She is influenced by the philosophies of both East and West, looking for balance and links between the ongoing cycle of life – death – rebirth and beyond.

Tal Eshed is on a never-ending journey to find the in-between space where consciousness is present in the creative and meditative process.

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**Dive In... The OUTDOOR Performance**  
(Miami Beach), Performance, 2019



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(Miami Beach), Performance, 2019



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(Miami Beach), Performance, 2019



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**Dive In... The OUTDOOR Performance**  
(Miami Beach), Performance, 2019



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**Dive In... The OUTDOOR Performance**  
(Miami Beach), Performance, 2019





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**Dive In... The OUTDOOR Performance**  
(Miami Beach), Performance, 2017



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**Dive In... The OUTDOOR Performance**  
(NYC), Performance, 2016



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**Dive in...**  
Performance, Video Installation view, 2016



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**Dive In...**  
Video Installation view, 2016



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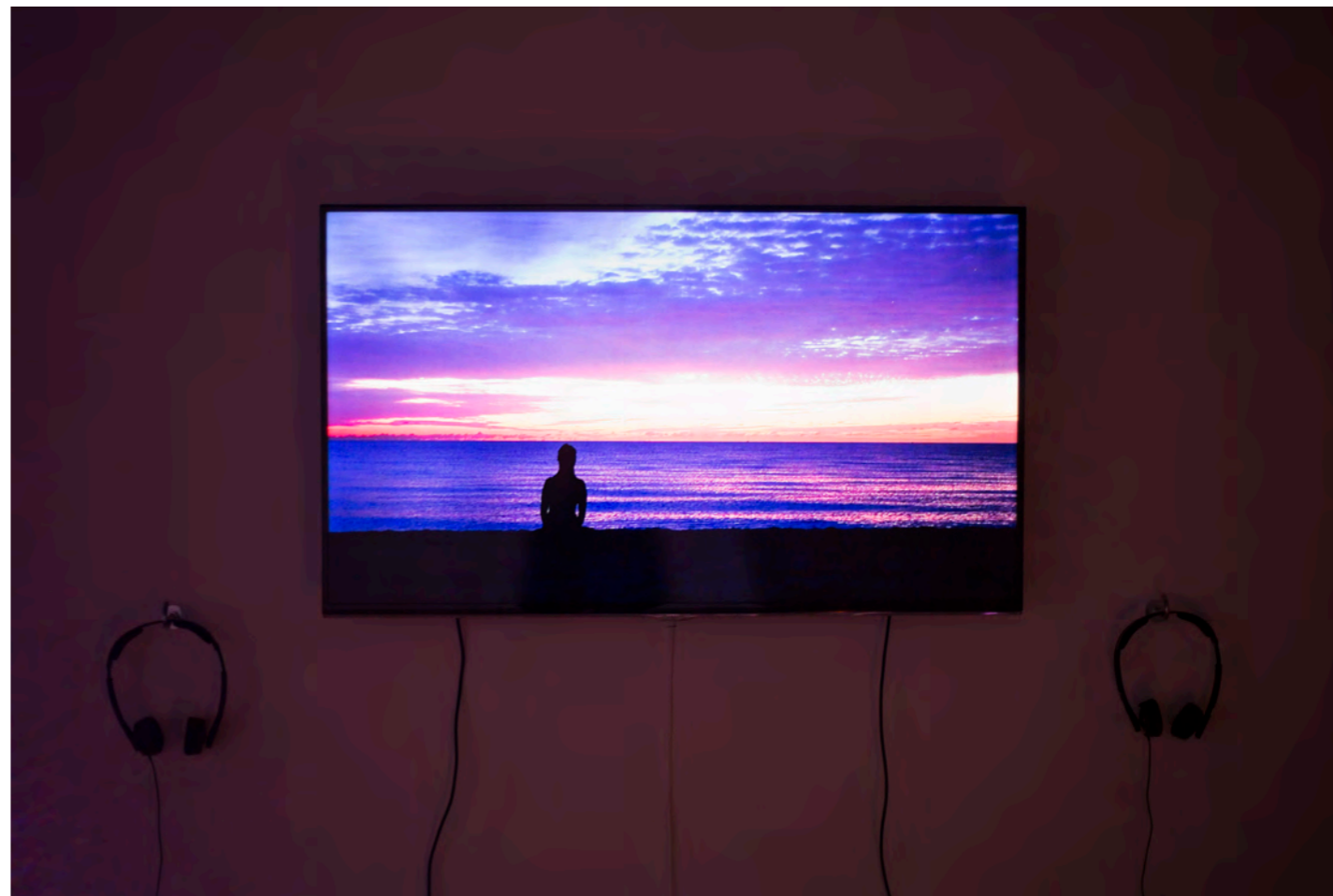
**Water Transformation, Portrait**  
Dive In... Catalog (Cover) 2014



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**Dive In...**

Video Installation view, 2016



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**Sunrise Transformation**

still from Video (HD), 28:50:00 min (loop), 2016



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**Reflections (06)**

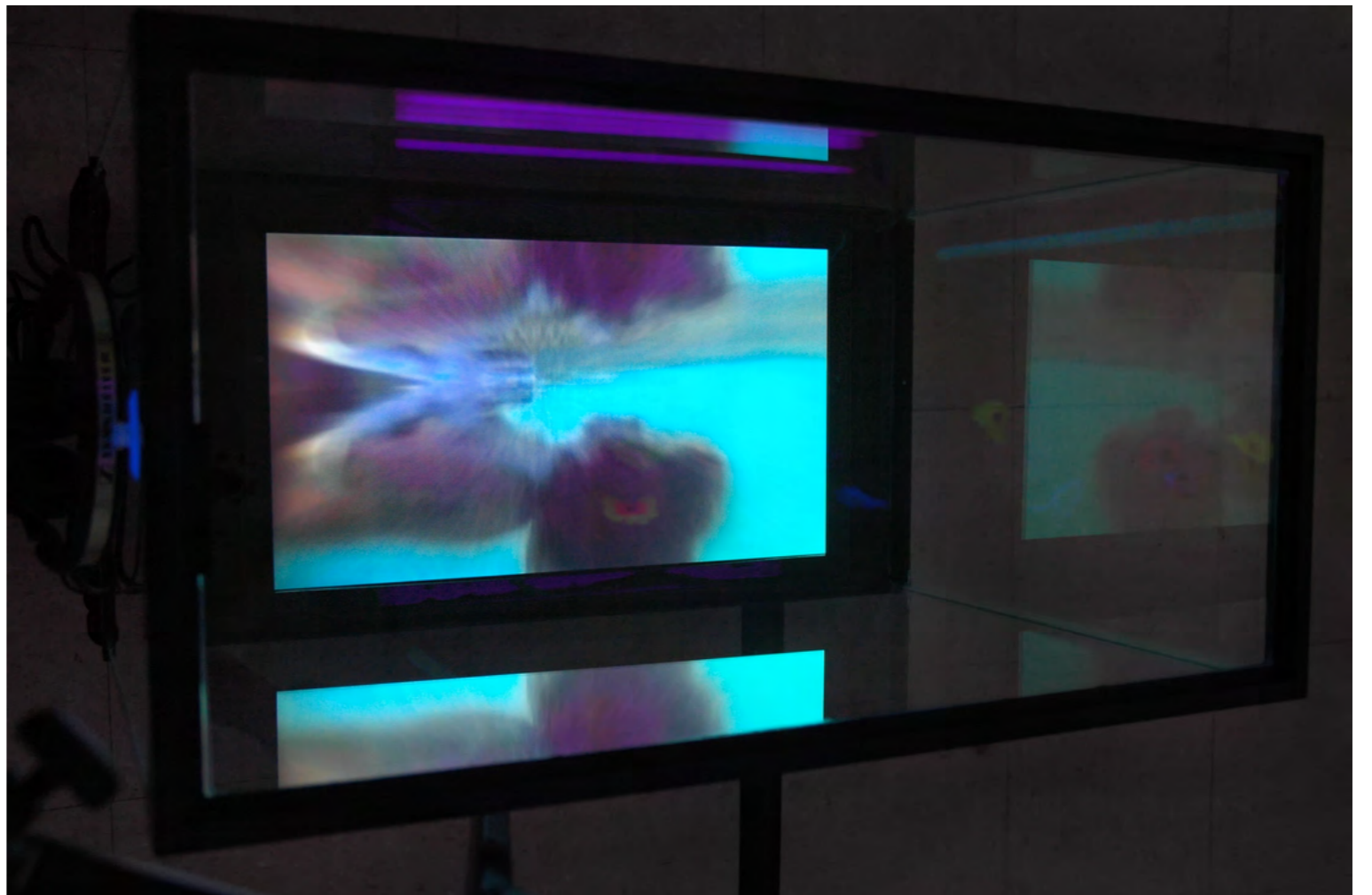
still from Video (HD), 11:54:00 min (loop), 2014



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**Fragile**

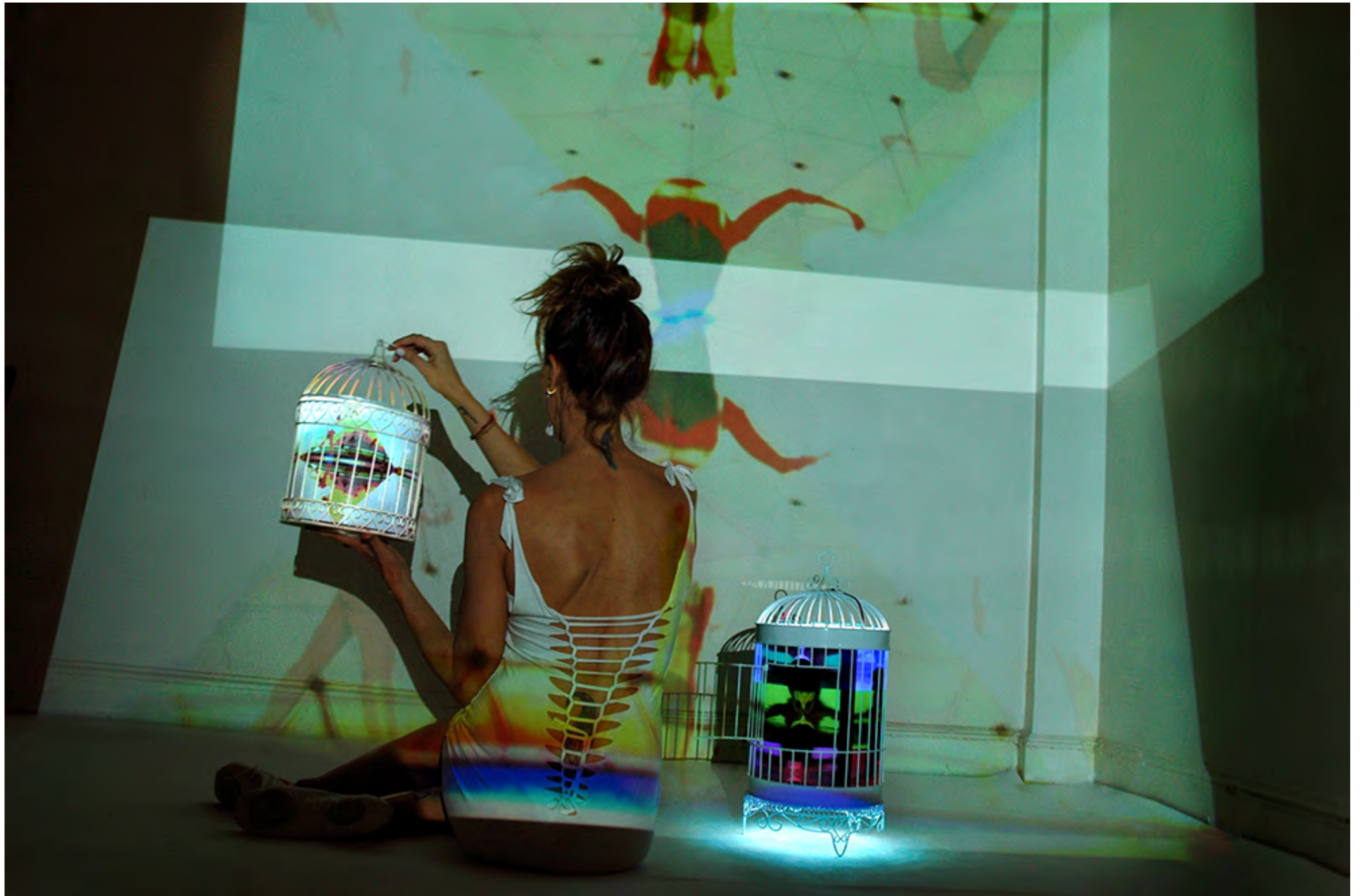
Video Installation view, 2014





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**As Above So Below**  
Video Installation view, 2015



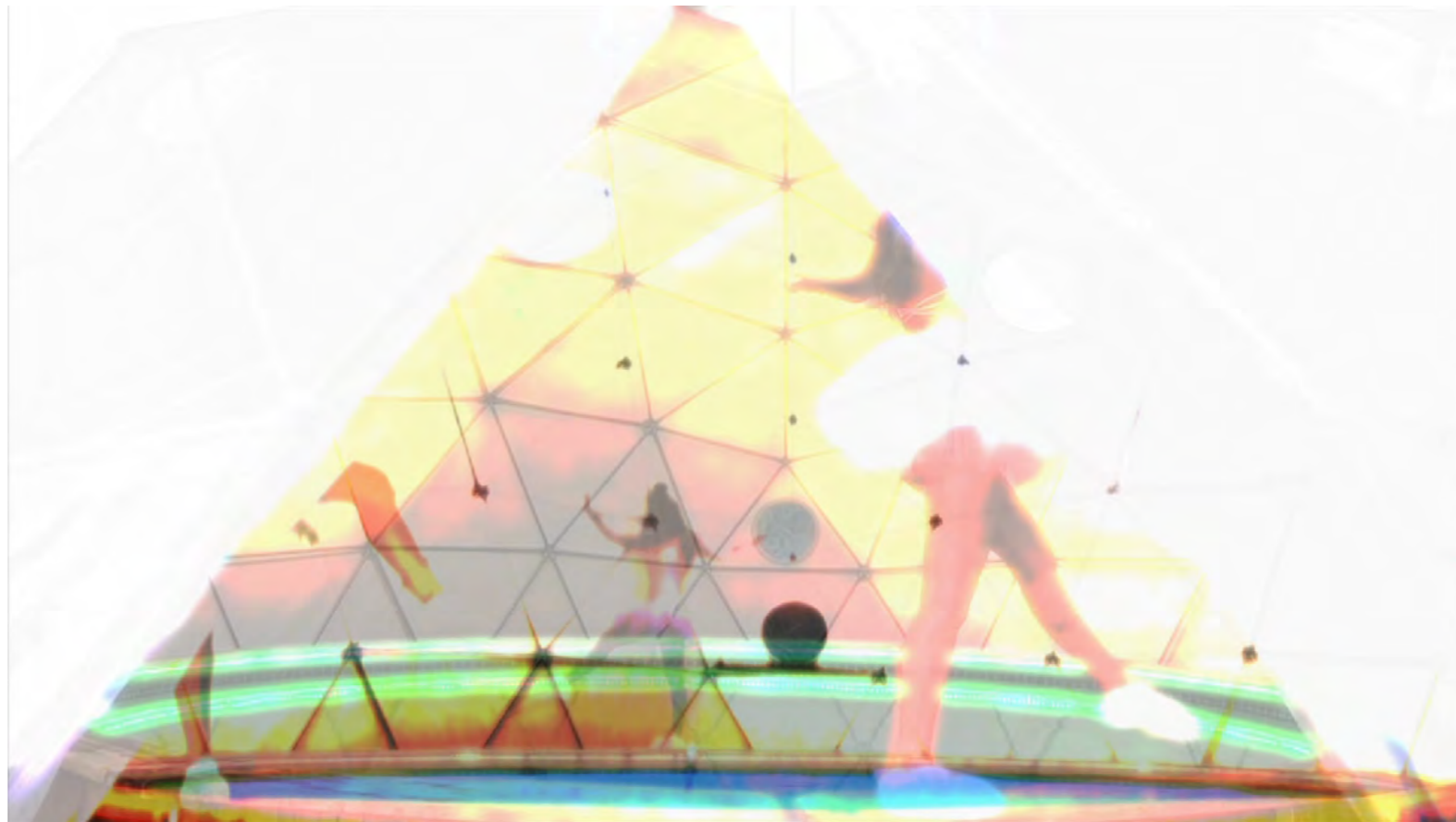
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**A Portrait (Fly)**  
Installation View, 2015

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**Flying Ballerina (03)**

still from Video (HD), 14:35:01 min (loop), 2014



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**Mermaid (02)**

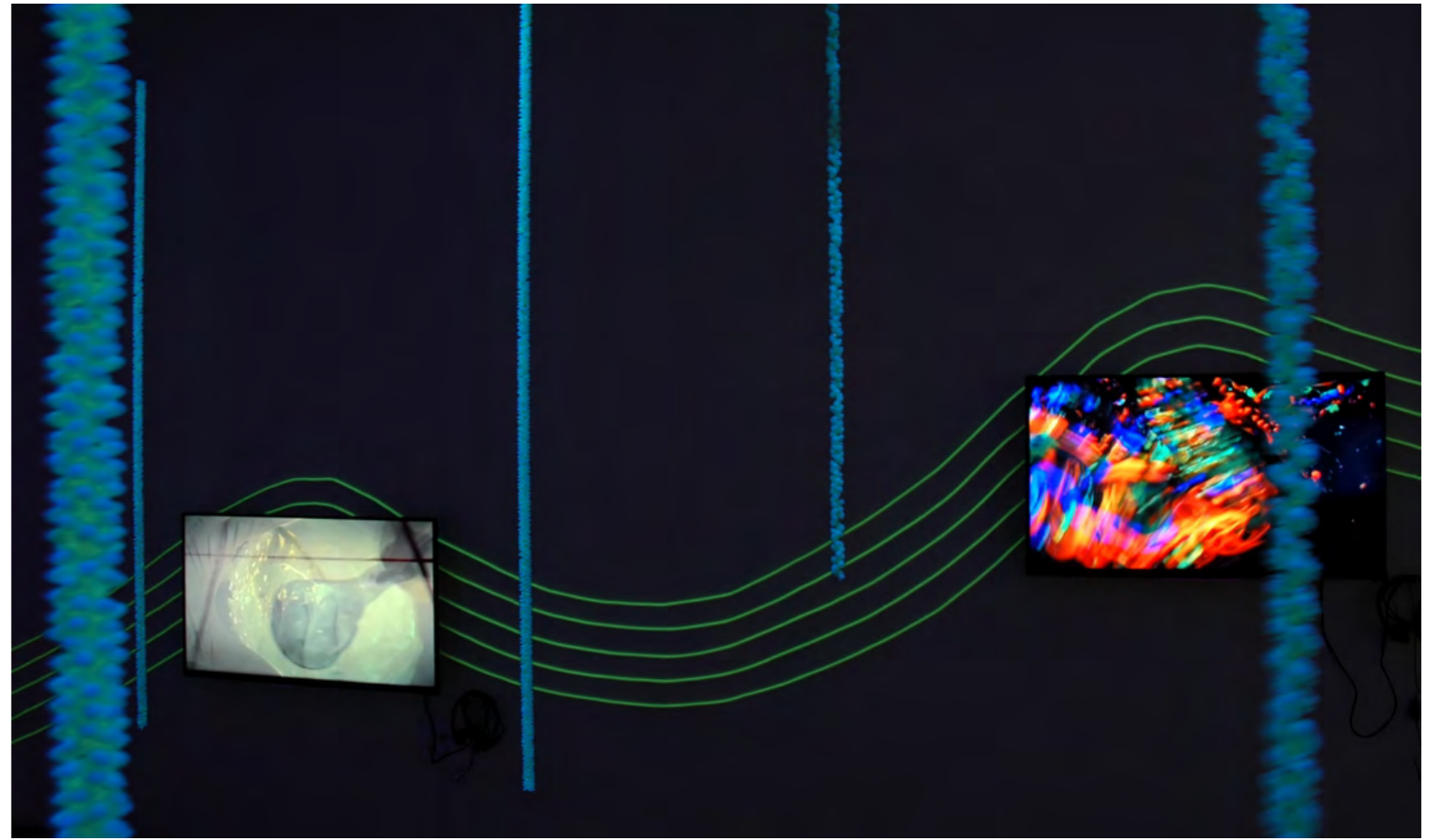
still from Video (HD), 08:36:04 min (loop), 2014



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**Fragile**

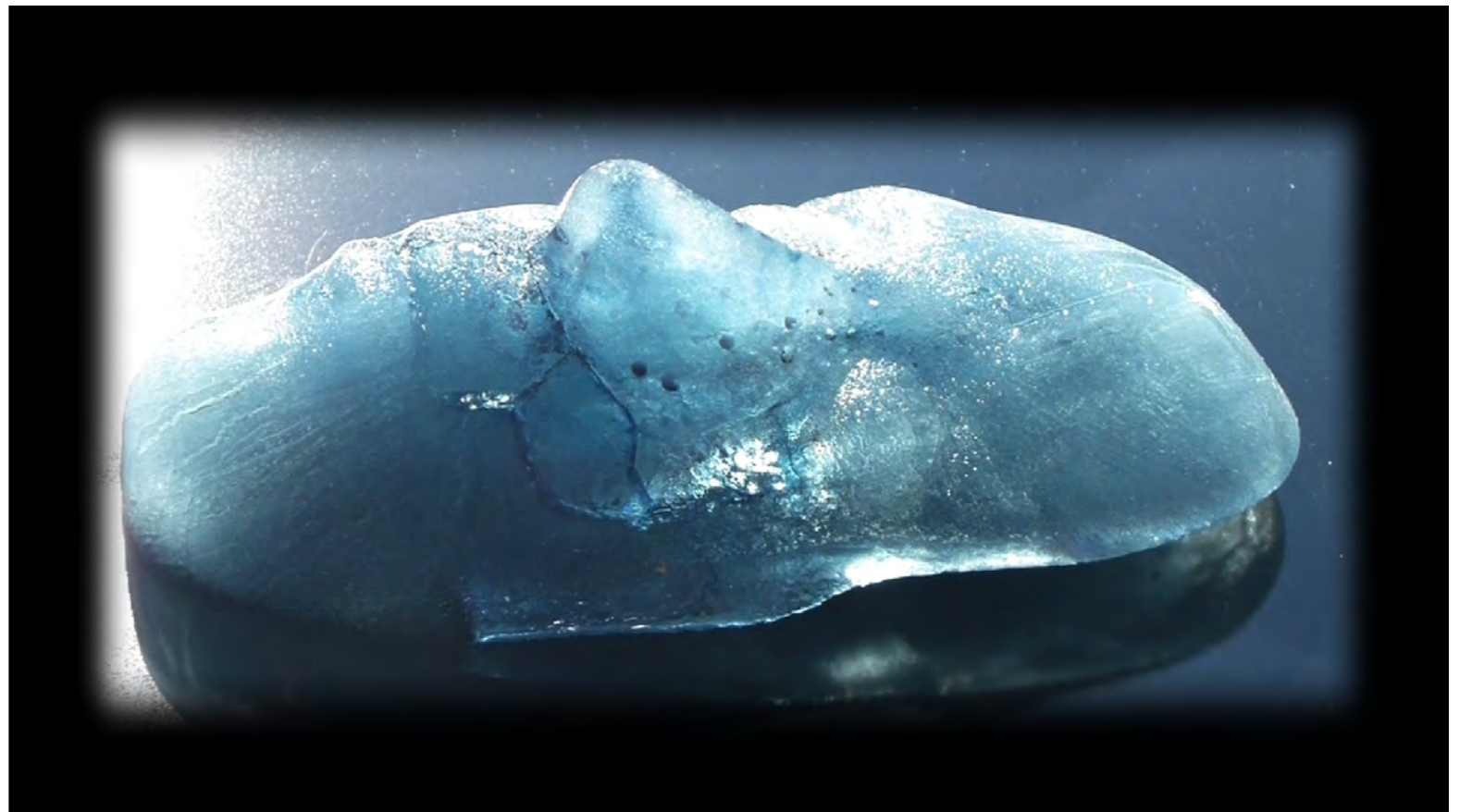
Video Installation view, 2014



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**Medusa Blue Face (01)**

still from Video (HD), 08:32:02 min (loop), 2014







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**The Others (08)**

Still from Video, 5 min (loop), 2011



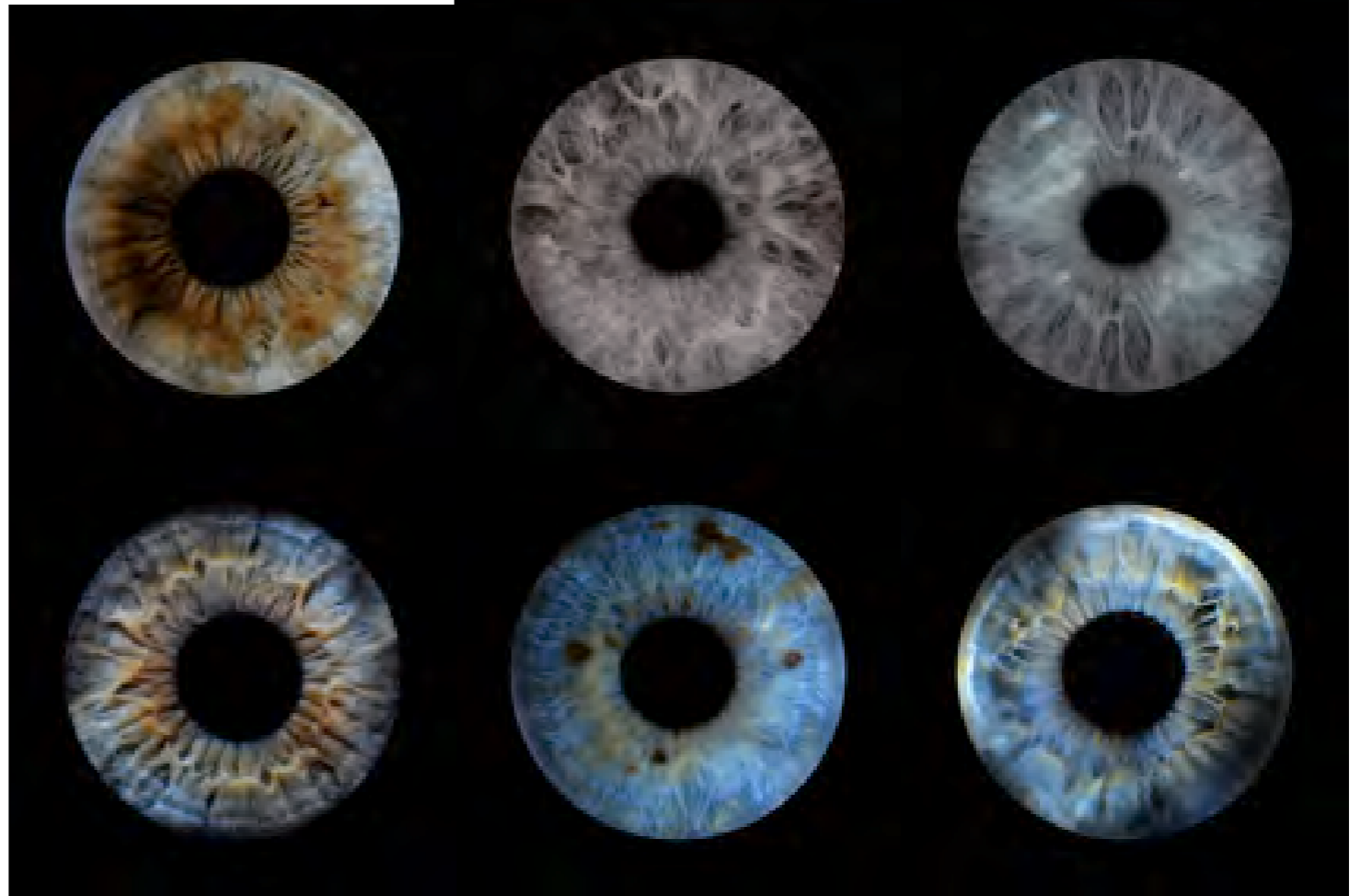
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**Balance**  
Installation View, 2010-11



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**Mummy** 2008-2010  
Balance 2010-11



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(left to right, up to down)

**Tal, Liat, Brooke, Ira, Gil, Daniel, Jonathan, Anat, Haim**

Transparent lambda print (light box), 40\*40 cm, 2009-2010



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**Hallucination (01)**  
Photograph, 2009



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**Infinity**

Photograph, 100 x 67 cm, 2009



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**The Body as an Event - A Dialogue Between Inside and Outside**  
Video Installation View, 2001

## Artist statement

*'If it were ever decided, what the genre of the world was, there is little doubt that water would play a defining role and would outline its features. Thought itself seems to be signified by its liquid form. It is the same with a person's handwriting, emotion and blood. They all bare a certain lucidity and transparency. In rainy days you can place yourself behind a windowpane and realize that your affinity is always with the rain and never with the glass.'* (Joseph Brodsky) The exiled Russian poet wrote these verses as part of a long love letter to the city of Venice, often emphasizing its dependency and unique relationship with water. My work process focuses mostly on attempting to tap into a universal, transcendental collective language and look for means to locate its syntax. The purpose of the work, when it is done is to potentially heal or regenerate a connection between an individual and a preexistent and primordial creative aspect. I wish to share basic human experiences while voicing parts that appear in nature and that live within us. In order to do so I represent the subjects of my research and creation by using various, layered mediums. These include creating light objects, editing video components and utilizing various technological elements and at times incorporating performance pieces in order to create a specific space or atmosphere.

In my video installations and performance pieces I am interested in forming a new sort of space which is transformative and that enables entering a different state of mind, focusing the attention of the viewer inwards. In this sense my work relates to my occupation with alternative medicine, and specifically with methods using water.

In both practices I believe that a dialog is essential within the process. I wish to use these practices to find a harmonic balance that will reach the viewers own world in a constant mindful search for evolution and positive change.

The ambition to create a universal language relates to different aspects that appear throughout art history. Varying from the early 20th writing of Kandinsky about the importance of bringing forth harmony through forms, to Gurdjieff's Ideas about 'Objective art' that expresses universal traits and Jung's ideas about abstract art and the way it performs as alchemy because of its ability to change and transform visual materials. These Ideas also appear throughout the 60's in many instances such as John Cage's works that correspond with ideas that originate from Zen Buddhism. The connection between art, the body, nature and the potentially healing traits also surface in various instances of artist's that created body art. An example of this sort of mixture of aesthetic and spiritual ideas can be found in the work of artists such as Ketty La Rocca that researched the potential in a creation of a language based on simpler forms, eliminating misunderstanding and the need for translation as well as attempting to return to basic aspects of communication. In my work I try to resonate the rich intertwining relations between art, healing and philosophy and to focus on being. The utilization of space coincides with the perception of the body and movement. It is an aesthetic experience with many subtle nuances but also a wholesome practice that aims to serve and hopefully assist viewers. My pieces attempt to meld together subjective feelings with objective traits that derive from common symbols and convey common basic human experiences.



## TAL ESHED

Born 1976 in Tel Aviv, Israel

[TalEshed.com](http://TalEshed.com)

## EDUCATION

- 2015 Continuing Education, School of Visual Arts, New York City
- 2015 Summer Residency in Bio Art Lab, SVA, New York City
- 2014 Continuing Education, School of Visual Arts, New York City
- 2007 MA, Expressive Art Therapy, Lesley University, Boston, Israel Extension
- 2001 BFA, Bezalel Academy of Art and Design, Jerusalem, Israel
- 1996 Continuing Education, School of Visual Arts, New York City

## SOLO EXHIBITIONS

- 2016 "Dive In...", Tanja Grunert Gallery, New York City. (Curator: Mitra Khorasheh)
- 2015 "Fragile", Klemens Gasser & Tanja Grunert Gallery, New York City. (Curator: Mitra Khorasheh)
- 2011 "Balance", Rosenfeld Gallery, Tel Aviv, Israel. (Curator: Sari Golan)
- 2009 "Onebody", Droval Gallery, Beit Hatamar, Tel Aviv, Israel. (Curator: Inbal Droval)
- 2007 "The Freedom to Flow," ARTura Studio, Jaffa, Israel. (Curators: Doron Polak, Esti Drori)
- 2005 "The Mask of Life", Alternative Art Gallery, Jaffa, Israel

## PERFORMANCES

- 2019 "Dive In...", The OUTDOOR Performance, Miami Beach, Florida
- 2018 "Dive In...", The OUTDOOR Performance, Miami Beach, Florida
- 2017 "Dive In...", The OUTDOOR Performance, Miami Beach, Florida
- 2016 "Dive In...", The OUTDOOR Performance, Battery Park, New York City, NY
- 2016 "Dive In...", The OUTDOOR Performance, Hudson Rive Park, New York City, NY
- 2016 "Dive In...", The OUTDOOR Performance, Miami Beach, Florida
- 2016 "Dive In...", Tanja Grunert Gallery, New York City, NY

## SELECTED GROUP EXHIBITIONS

- 2020 "We Are Water. We Are One", A Digital symposium by Tribute Earth.
- 2018 "Beyond Words", Artspace TLV, (curator: Dr. Liliana Orbach), Tel-Aviv Yafo, Israel
- 2016 "Universum", International Photography Festival 2016 #4, (curator: Sharon Toval), Rosenthalis Gallery, Tel-Aviv Yafo, Israel  
"Way of Thinking", SStart Gallery,(curator: Sharon Toval), Tel-Aviv Yafo, Israel
- 2015 "As above so below", Open studio exhibition, Summer Residency program in Bio Art Lab, School of Visual Arts, New York City
- 2012 "121 reasons to love art," Gallery 121, Tel Aviv, Israel  
*Secret Art No. 6*, Bank Leumi, Public Auction, Tel Aviv, Israel (Curators: Doron Polak and Esti Drori)  
"Diamond Island," Harry Oppenheimer Diamond Museum, Ramat Gan, Israel
- 2011 "Human landscape," The Tel Aviv Artists' House, Israel (Curator: Daniella Talmor)  
"Jaffa Salon of Photography," Jaffa Port Warehouse 2, Israel (Curator: Daniella Talmor)
- 2010 "Hana Sharf Hosts," Water Institute Gallery, Givatayim, Israel (Curator: Doron Polak)  
*Secret Art No. 5*, Bank Leumi, Public Auction, Tel Aviv, Israel (Curators: Doron Polak and Esti Drori)
- 2009 "The Art of Reconciliation," Water Institute Gallery, Givatayim, Israel (Curators: Ayelet Biran and Doron Polak)  
*Secret Art No. 4*, Bank Leumi, Public Auction, Tel Aviv, Israel (Curators: Doron Polak and Esti Drori)
- 2008 "Wandering Library 2: Artist's Books," Galerie Cargo 21, Paris, France (Curator: Doron Polak and Esti Drori)  
"Hot Spot: 8x8," Shmone de'Plus, Tel Aviv, Israel  
"The Art of Reconciliation," Martin Luther King, Jr. Memorial Library, Washington, DC, USA (Curator: Ayelet Biran and Doron Polak)  
"Wandering Library 2: Artists from Israel and from Palestine," Cité internationale des arts, Paris, France (Curator: Doron Polak and Esti Drori)  
"Ishow," Droval Gallery, Tel Aviv, Israel (curator: Inbal Droval)  
"Memory of the Future," Dana Art Gallery, Kibbutz Yad Mordechai, Israel (Curator: Esti Drori and Doron Polak)  
"Light," FusionArts Museum, New York (Curators: Doron Polak and Amir Cohen)  
"Inside Israel," travelling exhibition in China, China Three Gorges Museum, Chongqing, China (Curator: Iris Elhanani)  
*Secret Art No. 3*, Leumi Bank, Public Auction, Tel Aviv, Israel (Curators: Doron Polak and Esti Drori)
- 2007 Lesley University—Israel Extension, Netanya, Israel  
"The Photographer's Identity in the Digital Era," The New Gallery at the Art Institute, Bat Yam College, Israel (Curator: Shay Pardo)  
*Secret Art No. 2*, Bank Leumi, Public Auction, Tel Aviv, Israel (Curators: Doron Polak and Esti Drori)
- 2006 "Photographs of Tel Aviv," as part of the "2006 White Night" events, Former City Hall, Bialik House Complex, Tel Aviv, Israel
- 2005 "Water – Life," The New Gallery at the Art Institute, Bat Yam College, Israel
- 2004 "Video Dance," The 21st Jerusalem International Film Festival, Jerusalem Cinematheque, Israel
- 2003 "Video Dance," Dance and Media Festival, Tokyo, Japan

- 2003 "Video Dance," Dance and Media Festival, Tokyo, Japan
- 2001 "Video Dance," as part of the performance "Collage," Frankfurt House, Tel Aviv, Israel  
 "The Body as an Event – A Dialogue Between Inside and Outside" – BFA Graduation Show, Bezalel Academy of Art and Design, Jerusalem, Israel  
 Advertisement for an exhibition by the graduates of the photography program at Bezalel, stills from the project installation, *Billboard on the Ayalon Highway*, Tel Aviv, Israel
- 2000 "Video Dance," The Jerusalem Academy of Music and Dance, Israel  
 "Video Dance," Dance On Screen Festival, London, England
- 1997 "USA," Group Photography Exhibition, ZOA House, Tel Aviv, Israel

#### ART EVENTS FOR CHARITABLE CAUSES

- 2012 *Friends for Moran*, benefit sale for Moran Freiman, a girl ill with cancer, Alfred Gallery, Tel Aviv, Israel
- 2009-2011 Exhibition and sale of *Israeli art on behalf of the Israel AIDS Task Force*, Tel Aviv, Israel
- 2008 "From Punk to Pink: Israeli Artists for Elem/Youth in Distress in Israel," Moti Hasson Gallery, New York City, NY
- 2006-2008 Exhibition and sale of *Israeli art on behalf of the Israel AIDS Task Force*, Tel Aviv, Israel
- 2005 *Colors from the Heart*, artists on behalf Gag Vegam (support centers for homeless children in crisis), all monies from sale of art works donated to the centers, Uriel House, Tel Aviv, Israel

#### AWARDS

- 2020 Honorable mention at the professional section 14th Pollux Awards, The Worldwide Photography gala awards. category: Fine Art
- 2020 Honorable mention at the professional section 15th Julia Margaret Cameron Awards, The worldwide Photography gala award. Category: Self Portrait
- 2020 Distinguished Artist of ArtAscent "Portrait", February, V41, ArtAscent Art & Literature Journal
- 2019 Gold Artist of ArtAscent "Water", October, V39, ArtAscent Art & Literature Journal
- 2016 Distinguished Artist of ArtAscent "Wild" call October, V21, ArtAscent Art & Literature Journal
- 2016 6TH 2016 ARTSLANT PRIZE SHOWCASE WINNER, ArtSlant

#### COLLECTIONS

ST-Art Serge Tiroche, Israel. Private collection

<http://www.st-art.co.il/artists/artist/105780>

## **PRESS**

2020 [44 DEGREES "Social Distancing" July, Online Magazine](#)

[ArtAscent "Portrait" February, V41, ArtAscent - Art & Literature Journal](#)

["ArtTreasury" Magazine, Collector's Annual 2020](#)

2019 [Gold Artist of ArtAscent "Water" October, V39, ArtAscent - Art & Literature Journal](#)

2018 [Tal Eshed Art by Shahar Sarig, CONART Online Magazine](#)

2016 [The Deep end by Shahar Sarig, Jerusalem - Online](#)

[On the Spiritual in Art by Shahar Sarig, Primadonna Magazine](#)

[ArtAscent "Wild" October, V21, ArtAscent - Art & Literature Journal](#)

[Tal Eshed Dives in Deep by Nicollette Ramirez, Jerusalem - Online](#)

2009 [A Language of Her Own by Lior Novick– Tel Aviv Local Magazine \(print version\)](#)

## **PUBLICATIONS**

2016 "Dive In... / Tal Eshed" Catalogue

# Tal ~ Tara Eshed

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